



Access Health

Total Body Trainer Pro

TOTAL BODY TRAINER PRO

The Total Body Trainer PRO is an innovative fitness machine designed for comprehensive workouts. Its ergonomic design accommodates users of all fitness levels, offering a smooth and effective total body workout experience. With adjustable resistance levels and versatile workout programs, users can tailor their exercise routines to suit their specific goals. Equipped with advanced tracking technology, it provides real-time feedback on performance metrics, enabling users to monitor their progress accurately. Whether for rehabilitation, cardio, or strength training, the Total Body Trainer PRO delivers exceptional results with its durable construction and user-friendly interface.



KEY FEATURES

- **Operation:** Independent motion between the arms and legs
- **Swivel Seat:** Walk through design with seat that swivels for easy access on and off the unit
- **Adjustable Seat:** 14 seat rail positions and adjustable backrest angle, removes for wheelchair access
- **Resistance:** Bi-directional providing resistance both in the forwards and backwards direction – 16 levels with easy low-starting resistance
- **Upper Body:** Adjustable arm cranks with comfort grip, head can be raised or lowered for users of all heights
- **Lower Body:** Orthopaedic rehab pedals with heel support
- **Power:** AC adaptor supplied
- **Commercial Grade Quality**
- **Display:** High resolution backlit blue LCD display with 8 data windows plus a brickyard display.
- **Programs:** 12 programs ; Manual, Rolling Hills, Peak, Plateau, Mountain climb, Hill interval, Strength interval, Fat burn HRC, Cardio HRC, 2 x Custom
- **Feedback:** Speed, Time, Distance, Pulse, RPM, Watts, Calories
- **Heart Rate:** Built-in receiver compatible with Polar and other manufacturers (chest belt not included).

SPECIFICATIONS

- **Display:** Speed, Time, Distance, Pulse, RPM, Watts, Calories
- **Unit Assembled Weight:** 159kg
- **Unit Assembled Dimensions L x W x H:** 1510 x 635 x 1450-1500mm
- **User Weight Capacity:** 227 kgs

S.W.L
227kg



ITEM CODE

RB4100 TOTAL BODY TRAINER PRO

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