



# Access Health

## Monark 894E Ergo Auto Peak Bike With PC Connect – Wingate Test

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The Monark 894E Ergo Auto Peak Bike with PC Connect is designed specifically for Wingate tests, offering automated ergometer adjustments for precise anaerobic fitness assessments. It features seamless PC connectivity for data logging and analysis, enhancing research and training applications. With its durable construction, adjustable seat and handlebars, and intuitive interface displaying essential metrics, the 894E ensures accurate and reliable performance. This ergometer is favored by sports scientists and fitness professionals seeking comprehensive and efficient anaerobic testing capabilities in their facilities.

#### KEY FEATURES

- High sampling frequency (50 Hz)
- Weight basket, the fastest way from “0” to full power
- Start from 0 rpm with accurate power
- Unique Anaerobic Test Software (ATS software)
- Good cycling feeling
- Easy to connect to PC with RS232
- Countdown and signals during test
- Workload range 50 W (basket 1 kg)–2400 W
- Easy to get accurate workload thanks to weight basket system (0.1–0.5–1 kg weights)
- Extra wide floor stands, prepared for fixed installation
- Adjustable seat post
- Combi SPD pedals

#### SPECIFICATIONS

- **Resistance System:** Electromagnetic braking system.
- **Display:** LCD display with backlight, showing time, distance, speed, power, RPM, and heart rate.
- **PC Connectivity:** USB port for data logging and analysis.
- **Pedals:** Self-righting with adjustable pedal straps.
- **Frame Construction:** Heavy-duty steel frame for stability and durability.
- **Weight Capacity:** Suitable for users up to 160 kg.
- **Dimensions:** Approximately 115 cm x 56 cm x 115 cm.
- **Weight:** Approximately 68 kg.
- **Drive System:** Belt-driven for smooth and quiet operation.
- **Braking System:** Instant stop via push of a button.
- **Programs:** Pre-set programs for different training goals.
- **Accuracy:** Calibrated to ensure precise measurement of power output.
- **Transport Wheels:** Built-in for easy relocation.

S.W.L  
160 kg



#### ITEM CODE

ITEM # MONARK 894E ERGO AUTO PEAK BIKE WITH PC CONNECT – WINGATE TEST

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