



Access Health

Bodyworx Ski Trainer Base Platform and Frame

SKI TRAINER BASE PLATFORM AND FRAME

KEY FEATURES

- Following on from the success & popularity of the Bodyworx KRX700 Air Rower, the Bodyworx Ski Trainer Pro brings you a similar workout to rowing from an aerobic point of view, yet in the form of a ski trainer.
- As with the Bodyworx Air Rower, the harder you pull, the harder the resistance is. This is because, as the flywheel spins faster, the air resistance is increased. Added to this, the Bodyworx Ski Trainer Pro comes with an air dampener, which is used to control the volume of air moved by the vanes of the rotating flywheel. A larger vent opening results in a higher resistance, & a smaller vent opening results in a lower resistance. The Bodyworx Ski Trainer Pro delivers you the high-intensity, low-impact workout you have been looking for
- Resistance: 9 Levels of Air Resistance
- System: Fan System
- Console: Backlit screen which displays Stroke/Rate, Time, Distance/Cycle, Pulse, Calories, Watts; Paddle Width, Buzzer; Interval Program Profile.
- Programs: Enter/Stop key, Up/down/back key
- Cables: Dyneema®, the world's strongest fibre™, which is on a weight for weight basis 15 times stronger than steel

Main Frame: 103.4cm (L) x 55.5 (W) x 2mm (T)

Floor Stand: 120cm (L) x 59cm (W) x 25mm (T)

Handle Bar: 49cm (L) x 70cm (W) x 3mm (T)

Support Bracket: 32mm (Dia) x 1.5mm (T)

Assembled Dimension: 135cm (L) x 61cm (W) x 215.9cm (H)



Aids in building strength & endurance!



ITEM CODE

AE3237 BODYWORX Ski Trainer Base Platform & Frame

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Quality Approved
ISO 9001